

| Herbs & Spices                      |                                  |                                       |                               |                                       |                             |                               |
|-------------------------------------|----------------------------------|---------------------------------------|-------------------------------|---------------------------------------|-----------------------------|-------------------------------|
| Alfalfa Leaf Powder *               | Chili Pepper Flakes 35K H.U.     | Dandelion Root Rst. C/S *             | Jamaican Jerk Seasoning *     | Oregano Leaf C/S *                    | Sage Leaf Powder *          | Xanthan Gum Powder            |
| Allspice Whole *                    | Chili Powder, Ancho              | Diatomaceous Earth Powder, Food Grade | Juniper Berries *             | Paprika Powder, Smoked *              | Scullcap *                  | Yellowdock Root C/S *         |
| Allspice Powder *                   | Chili Powder, Chipotle *         | Dill Seed *                           | Kava Kava Root Powder         | Paprika Powder *                      | St. John's Wort Herb C/S WC | Za'atar, Green                |
| Alum Powder WC                      | Cayenne Pepper Powder 35K H.U. * | Dill Weed C/S *                       | Kelp Granules *               | Parsley Flakes *                      | Rub, Savory Beef *          |                               |
| Anise Seed *                        | Chili Powder w/salt *            | Echinacea *                           | Kelp Powder *                 | Passion Flower Leaf C/S               | Rue C/S *                   | <b>*Certified Organic</b>     |
| Anise Star Whole *                  | Chili Powder saltless *          | Elder Berries *                       | Kudzu Root Powder *           | Pau D'Arco Bark C/S W/C               | Sage Leaf C/S *             | <b>WC = Wildcrafted</b>       |
| Arrowroot Powder                    | Chinese Five Spice *             | Elder Flowers C/S *                   | Lavender Flowers              | Pepper, Black Malabar Whole *         | Sage Leaf Rubbed *          | <b>C/S = Cut &amp; Sifted</b> |
| Ashwagandha Powder *                | Chives C/S                       | Epsom Salt                            | Lemongrass 1/4" C/S *         | Pepper, Black coarse grind, 14 mesh * | Sage Leaf Powder *          |                               |
| Astragalus Root C/S *               | Cilantro Leaf C/S *              | Fennel Seed *                         | Lemon Peel C/S *              | Pepper, Black medium grind, 32 mesh * | Scullcap *                  |                               |
| Baking Powder                       | Cinnamon Sticks 2 3/4" *         | Fennel Seed Powder *                  | Licorice Root Sticks 6" *     | Pepper, Black fine grind, 60 mesh *   | St. John's Wort Herb C/S WC |                               |
| Baking Soda Powder                  | Cinnamon Sticks 6"               | Fenugreek Seed *                      | Licorice Root C/S *           | Pepper, Rainbow Blend W Hole          | Sea Salt, Alaea (Hawaiian)  |                               |
| Basil Leaf C/S *                    | Cinnamon 1/4" C/S *              | Fenugreek Seed Powder *               | Licorice Root Powder          | Pepper, White Whole *                 | Salt, Himalayan Pink        |                               |
| Bay Leaf *                          | Cinnamon Powder *                | Galangal Root Slices *                | Linden Leaf & Flower *        | Pepper, White fine grind, 60 mesh     | Sarsaparilla Root C/S       |                               |
| Beet Root Powder *                  | Cinnamon Powder Cassia           | Garam Masala *                        | Maca Root Powder *            | Peppermint Leaf C/S *                 | Sassafras Root Bark C/S WC  |                               |
| Bentonite Clay                      | Cinnamon Powder, Ceylon *        | Garlic Granules *                     | Mace Powder                   | Pickling Spice *                      | Savory Summer Leaf C/S *    |                               |
| Birch Bark C/S *                    | Citric Acid                      | Garlic Minced *                       | Marjoram Leaf C.S *           | Poppy Seed, Blue *                    | Senna Leaf C/S              |                               |
| Blessed Thistle Herb Powder WC      | Cleavers Herb C/S *              | Garlic Powder *                       | Marshmallow Leaf * C/S        | Poultry Seasoning *                   | Senna Leaf C/S *            |                               |
| Broth, Vegetable Flavor             | Cloves *                         | Garlic and Herbs *                    | Milk Thistle Seed *           | Psyllium Husks Whole *                | Slippery Elm Bark Powder WC |                               |
| Burdock Root C/S *                  | Cloves Powder *                  | Garlic Salt *                         | Mullein Leaf C/S *            | Psyllium Husks Powder *               | Spearmint Leaf C/S *        |                               |
| Cajun Spice *                       | Comfrey Leaf C/S *               | Ginger Root Powder *                  | Mulling Spices                | Pumpkin Pie Spice *                   | Spirulina Powder *          |                               |
| Calendula Flowers Whole *           | Comfrey Root C/S *               | Goldenseal Leaf Powder *              | Mustard Seed, Brown *         | Red Clover Blossoms C/S *             | Spirulina Powder *          |                               |
| Caraway Seed *                      | Coriander Seed *                 | Goldenseal Root Powder *              | Mustard Seed, Yellow *        | Red Raspberry Leaf C/S *              | Stevia Leaf Powder          |                               |
| Cardamom Pods, Green *              | Coriander Seed Powder *          | Gotu Kola Herb C/S WC                 | Mustard Seed, Yellow Powder * | Rose Buds & Petals, Red *             | Taco Seasoning *            |                               |
| Cardamom Seed Decorticated          | Cream of Tarter Powder           | Guar Gum Powder                       | Nettle Root C/S *             | Rosehips Whole *                      | Tarragon Leaf C/S *         |                               |
| Cardamom Seed Decorticated Powder * | Cumin Seed *                     | Gumbo File/Salt free powder           | Nettle Leaf C/S WC            | Rosehips (seedless) C/S *             | Thyme Leaf C/S *            |                               |
| Catnip Leaf C/S *                   | Cumin Seed Powder *              | Hawthorn Berries *                    | Nutmeg Whole *                | Rosemary Leaf Whole *                 | Turmeric Root Powder *      |                               |
| Celery Seed *                       | Curry Powder *                   | Herbs de Provence *                   | Nutmeg Powder *               | Rosemary Leaf Powder *                | Uva Ursi Leaf C/S *         |                               |
| Celery Seed Powder                  | Curry Powder Saltless *          | Hibiscus Flowers Whole *              | Oatstraw C/S *                | Rub, Mediterranean Seafood*           | Valerian Root C/S *         |                               |
| Celery Salt Granules                | Curry Powder, Sweet *            | Hickory Salt                          | Onion, Minced *               | Rub, Savory Beef *                    | Vanilla Beans, Bourbon      |                               |
| Chamomile Flowers *                 | Damiana Leaf C/S WC              | Holy Basil Leaf C/S *                 | Onion, Powder *               | Rue C/S *                             | Vanilla Beans *             |                               |
| Charcoal Powder, activated          | Damiana Leaf Powder WC           | Hyssop Herb C/S *                     | Orange Peel C/S *             | Sage Leaf C/S *                       | Vegetable Capsules, Size 0  |                               |
| Chia Seed *                         | Dandelion Root Raw C/S *         | Italian Seasoning *                   | Orange Peel Granules *        | Sage Leaf Rubbed *                    | Wheatgrass Powder *         |                               |

| Teas                                   | Sprouting Seeds      | Granola                  | Grains                          | Nuts                            | Rice                         | Snacks                                     |
|----------------------------------------|----------------------|--------------------------|---------------------------------|---------------------------------|------------------------------|--------------------------------------------|
| Assam Black Tea *                      | Alfalfa *            | Banana Bread             | Barley                          | Cashews, Whole Rstd Salted Org* | Arborio, White Org*          | Cajun Corn Sticks                          |
| Bancha Tea                             | Mung Beans *         | Cashew Cranberry         | Buckwheat                       | Cashews, Piedes Raw Org*        | Basmati, Brown Org*          | Ginger Chews                               |
| Chai Tea *                             | Peas, Sweet Green *  | Carrot Cake              | Bulgur, Red                     | Cashew, Curry                   | Basmati, White Org*          | Sesame Sticks, Salted                      |
| Chunmee Green Tea *                    | Radish               | Coconola                 | Couscous, French                | Cashews, Sea Salt Vinegar       | Brown Rice, Long Grain Org*  | Sesame Sticks, Cheddar                     |
| Cinnamon Orange Spice Tea              | Red Clover           | Cran Chew*               | Couscous, Israeli               | Cashews, Turmeric Ginger        | Brown Rice, Long Grain       | Sesame Sticks, Jalapeno                    |
| Darjeeling Tea *                       | Salad Blend *        | Just Gf                  | Millet                          | Cashews, Everything Bagel       | Brown Rice, Short Grain Org* | Sesame Sticks, Onion                       |
| Detox Tea *                            | Sandwich Blend *     | Maple Almond             | Oats, Rolled                    | Flax, Brown                     | Jasmine, White               | Veggie Chips                               |
| Earl Grey Tea                          | Sunflower            | Meusli                   | Oats, Rolled Org*               | Flax, Gold                      | Jasmine, Brown Org*          | Wild Rice Sticks                           |
| English Breakfast Tea *                | Wheatgrass *         | French Vanilla           | Oats, Maine                     | Mixed Nuts, Salted              | Wild Blend                   | <b>Sweets</b>                              |
| Essiac Tea *                           | <b>Organic Beans</b> | <b>Flours</b>            | Oats, Quick                     | Mixd Nuts, Unsalted             | Trail Mix                    | Cane Sugar Org*                            |
| Genmaicha Tea (w/toasted brown rice) * | Aduki*               | Spelt, White Org*        | Oats, Steel Cut                 | Peanuts, Roasted Salted         | Cherry Vanilla Dream         | Turbinado Sugar                            |
| Gunpowder Green Tea                    | Black Turtle*        | Spelt, Whole Org*        | Popcorn, Org*                   | Pecans, Raw                     | Chocolate Nut                | Wilbur's Milk Chocolate Blueberries        |
| Indian Green Tea, Decaffeinated*       | Cannellini*          | Unbleached, Org*         | Popcorn, Multicolored Org*      | Pistachio, No Salt              | Highpeaks                    | Wilbur's Milk Chocolate Pretzel Balls      |
| Jasmine Tea                            | Chickpeas*           | Whole Wheat , Org*       | Quinoa                          | Pistachio, Shelled Org*         | Hit The Trail                | Wilbur's Dark Chocolate Cherries           |
| Keemun Congou Tea *                    | Kidney, Red*         | Whole Wheat Pastry, Org* | Quinoa, Red                     | Pumpkin, Raw Org*               | Rainbow Party Mix            | Wilbur's Dark Chocolate Espresso Beans     |
| Kukicha Twig Tea *                     | Lentils, French*     |                          | Quinoa, Tri-Colored             | Pumpkin, Roasted Salted Org*    | Raw California Mix           | Wilbur's Dark Chocolate Sea Salt Caramels  |
| Mango Ceylon Tea *                     | Lentils, Green*      |                          | Wheat, Hard Red Winter          | Pepitas, Spicy Org*             | Serenity Now                 | Wilbur's Dark Chocolate Cranberries        |
| Matcha Tea Powder *                    | Lentils, Red*        |                          | <b>Nuts</b>                     | Sesame Seeds Org*               | Tierra Trail Organic*        | Wilbur's Dark Chocolate Almonds            |
| Mocha Surprise                         | Navy*                |                          | Almonds, whole                  | Sunflower Seeds Org*            | Tierra Raw Mix               | Wilbur's Dark Chocolate Cashews            |
| Oolong Tea                             | Pinto*               |                          | Almonds, California Whole Org*  | Walnuts                         | Tripple "C" Org*             | Wilbur's Dk Chocolate Peppermint Maltballs |
| Rooibos Tea C/S *                      | Red Chili*           |                          | Almonds, Tamari Roasted         | <b>Pasta</b>                    | Wild Ginger Harvest          | Earth Balls                                |
| Rooibos Chai Tea *                     | Split Peas, Green    |                          | Almonds, Sliced                 | Elbows                          |                              | Yummy Candy                                |
| Sencha Leaf Tea *                      |                      |                          | Almonds, Slivered               | Sfoglioni                       |                              | Sesame Crunch                              |
| Serendipitea Tea *                     |                      |                          | Almonds, Sprouted               | Tinkyda, Brown Rice             |                              | <b>Coffee</b>                              |
| Yerba Maté, Green C/S                  |                      |                          | Cashews, Whole Rstd No Salt     |                                 |                              | Jim's Organic Regular                      |
| Yerba Maté Latté, The Republic of Tea  |                      |                          | Cashews, Whole Roasted Salted   |                                 |                              | Jim's Organic Decaf                        |
| Young Hyson Tea                        |                      |                          | Cashews, Whole Rstd Salted Org* |                                 |                              |                                            |